

KNOW A CAREGIVER WHO MAY BENEFIT FROM LEARNING PARENTING SKILLS?



Refer them for our evidence-based programmes, Positive Parenting Program (Triple P) or Signposts today!

WHO MAY BENEFIT?

Any parent/guardian who:

- Desires to decrease child's difficult behaviour
- Is keen to enhance their knowledge and skills in parenting
- Hopes to understand their child better
- Wants to decrease their parenting stress



SELECTION CRITERIA

Parent/Guardian must:

- Have **consented** to attending the programme
- Be **willing and able** to commit to 3-4 individual consultations, or 5 groupwork sessions
- **Not currently undergoing family violence** issues (parents or children experiencing emotional, physical and/or mental abuse)
- **Not currently undergoing serious mental health issues** (e.g. active psychosis, major depression).
- Not currently facing 2 or more stressors that they are not receiving help for



HOW TO REFER?

Simply fill in the referral form through this Url Link : <https://forms.office.com/r/U44h0duppE> or via the QR code below!



For further enquiries, do contact Perline at mwsfspnorth@mws.sg or @86870860



MWS is an MSF-appointed Social Service Agency conducting secular parenting programmes